



Welcome to the Upper GI Surgery Ongoing Care Program

Tailored patient-centred care every step of the journey

Taking the first steps after bariatric surgery is an exciting but sometimes overwhelming journey. At Upper GI Surgery, we understand that lasting success isn't just about the procedure - it's about the support, knowledge and guidance you receive along the way. That's why we've developed a comprehensive Ongoing Care Program (OCP) to help you confidently navigate life after surgery.



Our Patient Portal

The Patient Portal is your go-to online resource for expert guidance and support after bariatric surgery. It includes:

- Informative videos from the team
- Useful blogs on post-surgery topics
- Downloadable information booklets and handouts
- Easy online booking for appointments via Hotdoc
- Useful links - bariatric multivitamin ordering
- Meet the team, so you know who's supporting you
- Easy access to contact details

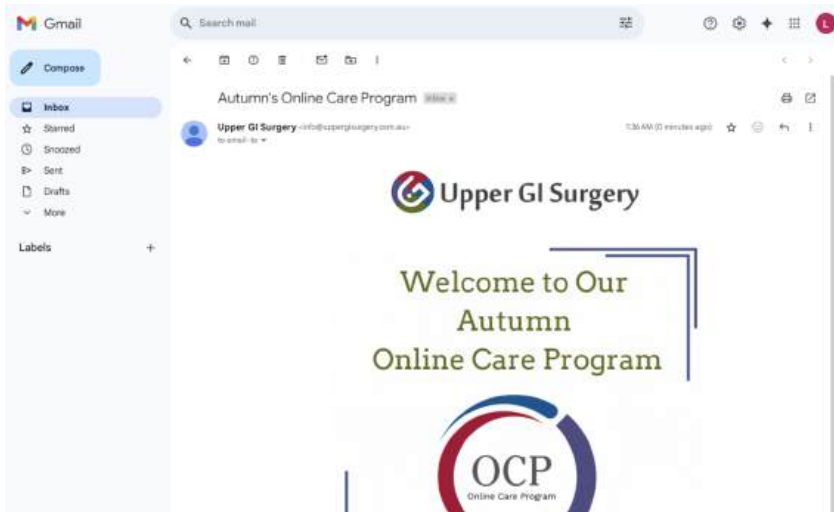
Scan to Visit
Patient Portal



Regular Video Content

Stay informed & supported with video updates. These short, easy-to-watch videos cover key topics to support your post-surgery journey. You'll get answers to common questions, advice on managing emotional and physical changes, and updates on new resources to help you stay on track.





Post Surgery Emails

After surgery, you'll receive a series of emails from us with timely advice, tips and guidance tailored to each stage of your recovery and weight loss journey. These emails will help you stay informed, navigate challenges and make the most of your progress every step of the way.

Quarterly Newsletters

Every quarter we send you a newsletter packed with useful information to support your journey. Inside, you'll find the latest blogs, video updates, recipes, helpful tips, new challenges to keep you motivated, and important information to support your journey. It's a quick way to stay informed and motivated.

Ask the Expert Q&A Sessions

Our Ask the Expert Q&A sessions give you the chance to connect directly with our surgeons and get your questions answered. Held via Zoom, these sessions allow you to join without using video or simply ask your questions in the chat if you'd prefer to remain anonymous. It's a great opportunity to get expert advice, hear from others on the same journey, and gain valuable insights to help you stay on track.



Stay connected, stay supported.

Stay connected and informed by following Upper GI Surgery on Facebook, where we share the latest news, blogs, videos and more. It's a great way to access valuable resources and be part of a supportive community.

Follow Us
On Facebook



We're here to guide you every step of the way - our Ongoing Care Program is designed to keep you informed, motivated and on track.

Call Our Practice - (02) 9553 1120

Visit Our Website - bariatric.uppergisurgery.com.au